

# -Appetizers

#### Crispy Pickles

Crispy breaded pickle spears, served with ranch dressing.

9

#### **Sweet Waffle Fries**

Waffle cut sweet potatoes lightly salted, served with chipotle dipping sauce.

9

#### Fried Cheese Curds

Quebec style cheese curds, fried til golden and gooey, served with housemade marinara sauce.

13

#### **Loaded Potato Skins**

Fresh potatoes smothered with cajun spices, bacon, tomatoes, green onion and melted mozzarella and cheddar cheese. Served with sour cream.

10

#### Jalapeno Poppers

Classic cream cheese filled poppers, served with salsa cream.

11

#### Tempura Chicken & Shrimp

Lightly battered bites of shrimp and chicken drizzled with a savoury miso gioli.

14

### Spinach & Hummus Duo

Freshly prepared spinach and red pepper hummus dips, served with warm toasted pita bread.

14

### **Buffalo Cauliflower**

A new classic!! Fried crispy cauliflower bites, tossed in housemade buffalo sauce. Served with ranch.

11

#### Calamari

Lightly battered calamari rings, served with sweet chilli sauce.

13

#### Soft Jumbo Pretzel

Two jumbo pretzels served with spicy mustard and warm queso dipping sauce.

10

#### Garlic knots

Freshly baked bread knots, topped with parmesan cheese and garlic butter.

Served with housemade marinara sauce.

10

### Midtown Party Platter

Crispy pickles, loaded potato skins, onion rings, chicken wings and Midtown nachos piled together and served with salsa and sour cream.

18

## **Midtown Nachos**

Fresh tortilla chips layered with roasted corn and black bean salsa. Topped with tomatoes, green onions, jalapenos and Mexican cheese. Served with salsa and sour cream. **17**Add Pulled Pork, Chicken or Beef for \$3.99

# SOUPS and

#### Daily Soup

Ask your server for the chef's creation of the day. 6

#### French Onion Soup

Classic onion soup with croutons, mozzarella and swiss cheese. 7

#### Cobb Salad

Mixed greens topped with roasted turkey, crumbled egg, crisp bacon, tomatoes, cucumbers, mozzarella and cheddar cheese. Served with a warm bacon dressing. 14

#### **Harvest Salad**

Mixed greens with crumbled feta cheese, red onion, cranberries, fresh apples and glazed walnuts, drizzled with citrus vinagrette. 12

#### Chicken Quinoa Power Bowl

Grilled chicken breast, baby spinach, julienne carrot, avocado, seven grain salad and mango chutney drizzled with poblano ranch dressing. **15** 

#### Caesar Salad

Fresh romaine with crisp bacon, housemade croutons and parmesan cheese all tossed with creamy caesar dressing. **12** 

#### **Greek Salad**

Romaine hearts, tomatoes, cucumbers, red onions, bell peppers and kalamata olives. Topped with feta and tossed with a mediterranean dressing. **12** 

## **MIDTOWN WINGS**

Take your wings to the next level with Midtown's specialty flavours.

Don't worry we have your old favorites too!

(Gluten free option available)

Sweet BBQ, Dill Pickle, Fire & Ice, Buffalo, Garlic Parmesan, Maple Bourbon, Mango Chipotle, Cajun Ketchup

#### Specialty flavours Lemon Oregano

Topped with feta, olives and tzatziki

#### Tandoori

Topped with mango chutney and yogurt drizzle

Nacho

With cheddar, pico de gallo and avocado lime puree
Szechuan

With crispy wontons, scallions and peanuts

13/LB

## F

## Chicken Quesadilla

A warm, toasted tortilla loaded with roasted chicken, fresh pico de gallo and a blend of melted cheeses. **13** 

## **Buffalo Chicken Fingers**

A

Everyones favourite, served hot and crispy, tossed in your choice of sauce. Served with fries and ranch dipping sauce. 14

## Mediterranean Flatbread

Basil infused tomato sauce, portobello mushrooms, baby spinach, grape tomatoes, kalamata olives, crumbled feta cheese, and parmesan. **14** 

## California Chicken Flatbread

Roasted chicken breast, crisp bacon, avocado, red peppers, mozzarella and cilantro drizzled with chipotle dressing. 14

## Memphis Pulled Pork Poutine

Sweet potato waffle fries slathered with our slow-cooked pulled pork, melted cheddar cheese, bbq sauce and crispy onion straw. **15** 

#### Loaded TaterTots

Your childhood favorite has grown up! Topped with seasoned beef, crisp bacon, green onions, melted cheese, sour cream and drizzled with ranch dressing. **12**